

*Book Review of University on Watch: Crisis in the Academy by J. Peters*

*By Sandy Dimiterchik*

*This book is a good example of the difficulties of treating brain disorders for people who are in college. I found the book easy to read and finished it quickly. I recommend the book for the diagnosed, family and friends, and SA groups. It is very descriptive and really portrays what goes on when a person is manic or psychotic. The book is also inspirational, as the main character is able to pursue his dreams, even though they are not what he first originally planned. He is very brave to share*

*his story, so that other students will see that they can also graduate, even get a Ph.D., and work as a professor.*

*Even though this happened 10 years ago, I think that there is still a lack of knowledge at universities of how to manage students with brain disorder disabilities. There is not enough insight and there is stigma as staff and faculty do not know how to handle somebody having mania and/or psychosis. Too many times the students end up arrested or hospitalized since the symptoms can be scary and threatening.*

*The positive side to a story like this is that there are now facilities to help young adults pursue goals. Now throughout the US there are early psychosis treatment centers which help students with their scholarly goals and/or vocational plans. Organizations such*

*as SARDAA educate and provide support to the diagnosed, family and friends by referring them to resources. Also, I recommend students contact A.D.A. (Americans with Disabilities Act) offices to find out what help they can get due to their disabilities.*